



Professional Reflection

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КЗ «ВГЛ № 1
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5 things in common



1 thing unique

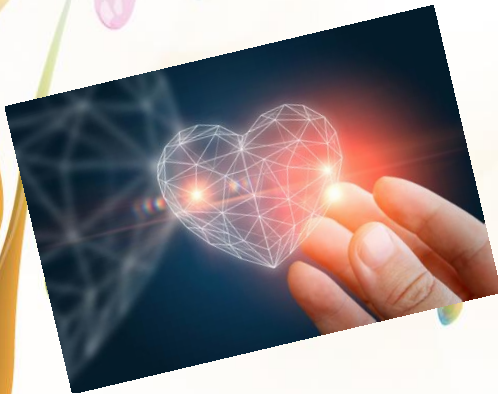
What is reflection?



challenging your own beliefs and values

thinking about your own work, how you are doing it, and how you can make it better

the beating heart of teaching



when you think why I'm doing something and how it works



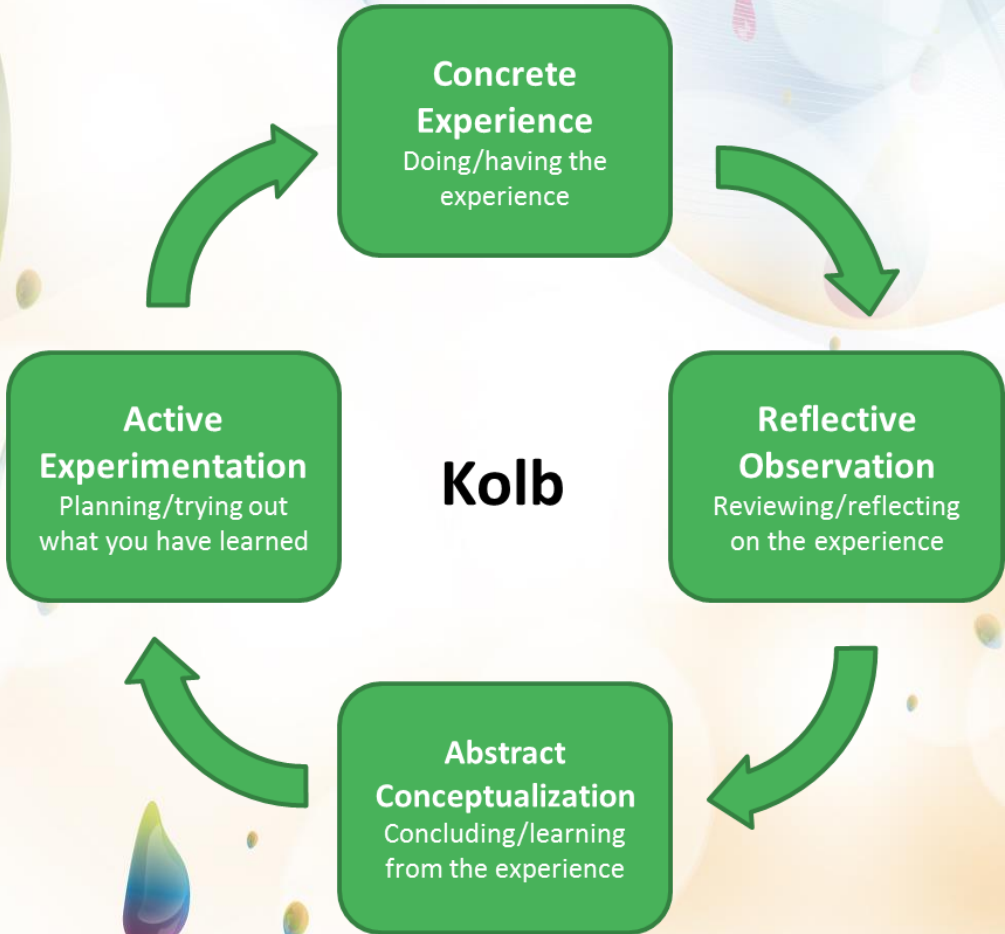
Voting

It takes much time

I don't see any use about it

It is more about criticizing than feedback

It is the core of teaching practice .



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graph TD; Description[Description] --> Feelings[Feelings]; Feelings --> Evaluation[Evaluation]; Evaluation --> Analysis[Analysis]; Analysis --> Conclusion[Conclusion]; Conclusion --> ActionPlan[Action plan]; ActionPlan --> Description;
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Description
What happened?

Feelings
What were you thinking and feeling?

Gibbs

Evaluation
What was good and bad about the experience?

Analysis
What sense can you make of the experience?

Conclusion
What do you need to improve on?

Action plan
How will you improve?

Reflection in action

Reflecting as something happens

- Consider the situation
- Decide how to act
- Act immediately

Reflection on action

Reflecting after something happens

- Reconsider the situation
- Think about what needs changing for the future

Work in groups



<https://jamboard.google.com/d/1g6iyo3X2iFwyJQDMJAdJa-U6a-NnOo7eeZOM5Vj3hwA/viewer?f=0>

Discussion



What are the benefits of reflective practice?



What are the challenges of reflective practice?







**THANK YOU
FOR YOUR
ATTENTION**

